



Patty Pan Cooperative - Chicken Tomatillo Tamale 12oz 3ct

| Nutrition Facts | |
|--|------------------------|
| 3 servings per container | |
| Serving size | 1 tamale (113g) |
| Amount per serving | |
| Calories | 100 |
| % Daily Value* | |
| Total Fat 2.5g | 3% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 20mg | 7% |
| Sodium 490mg | 21% |
| Total Carbohydrate 13g | 5% |
| Dietary Fiber 3g | 11% |
| Total Sugars 1g | |
| Includes 0g Added Sugars | 0% |
| Protein 7g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 1.1mg | 6% |
| Potassium 120mg | 2% |
| <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |

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